

Organisator und Schiedsgericht können das Programm jederzeit ändern!
Organizer and jury can change the program at any time!

Freitag 10.05.24
Beginn 15:00 Uhr

1.	Cadet	Women	200 m	58 St.	Dual		E-Cup
2.	Cadet	Men	200 m	44 St.	Dual		E-Cup
3.	Youth	Women	200 m	37 St.	Dual		E-Cup
4.	Youth	Men	200 m	30 St.	Dual		E-Cup
5.	Junior	Women	200 m	32 St.	Dual		E-Cup
6.	Junior	Men	200 m	20 St.	Dual		E-Cup
7.	Senior	Women	200 m	23 St.	Dual		E-Cup
8.	Senior	Men	200 m	37 St.	Dual		E-Cup
9.	Cadet/Youth	Women	600 m		Teamsprint		
10.	Cadet/Youth	Men	600 m		Teamsprint		
11.	Senior/Junior	Women	600 m		Teamsprint		
12.	Senior/Junior	Men	600 m		Teamsprint		

Siegerehrung / Ceremony Teamsprint

13.	Cadet	Women	5000 m E	57 St.	2 heats	1.-13.Platz	E-Cup
14.	Cadet	Men	5000 m E	44 St.	2 heats	1.-12.Platz	E-Cup
15.	Youth	Women	8000 m E	37 St.	2 heats	1.-12.Platz	E-Cup
16.	Senior	Men	8000 m E	37 St.	2 heats	1.-11.Platz	E-Cup

Samstag 11.05.24
Beginn 10.00 Uhr

1.	Schüler A 12	Women	300 m + D	26 St.	6 heats	16 best times	
2.	Schüler A 11	Women	300 m + D	29 St.	6 heats	16 best times	
3.	Schüler B 10	Women	200 m + D	21 St.	5 heats	16 best times	
4.	Cadet	Women	1000 m	57 St.	8 heats	1. + 8 best times	E-Cup
5.	Cadet	Men	1000 m	44 St.	6 heats	1. + 10 best times	E-Cup
6.	Youth	Women	1000 m	37 St.	5 heats	1. + 11 best times	E-Cup
7.	Youth	Men	1000 m	30 St.	4 heats	1. + 12 best times	E-Cup
8.	Junior	Women	1000 m	32 St.	4 heats	1. + 12 best times	E-Cup
9.	Senior	Men	1000 m	37 St.	5 heats	1. + 11 best times	E-Cup
10.	Schüler A 12	Women	300 m + D	16 St.	4 QF	1. + 2.Platz	
11.	Schüler A 11	Women	300 m + D	16 St.	4 QF	1. + 2.Platz	
12.	Schüler B 10	Women	200 m + D	16 St.	4 QF	1. + 2.Platz	
13.	Schüler A 12	Men	300 m + D	10 St.	2 SF	1. + 2 best times	
14.	Schüler A 11	Men	300 m + D	10 St.	2 SF	1. + 2 best times	
15.	Schüler A 12	Women	300 m + D	8 St.	2 SF	1. + 2.Platz	
16.	Schüler A 11	Women	300 m + D	8 St.	2 SF	1. + 2.Platz	
17.	Schüler B 10	Women	200 m + D	8 St.	2 SF	1. + 2.Platz	
18.	Schüler B 10	Men	200 m + D	12 St.	2 SF	1. + 2 best times	
19.	Schüler B 9	Women	200 m + D	9 St.	2 SF	1. + 2 best times	
20.	Cadet	Women	1000 m	16 St.	2 SF	1. + 6 best times	E-Cup
21.	Cadet	Men	1000 m	16 St.	2 SF	1. + 6 best times	E-Cup
22.	Youth	Women	1000 m	16 St.	2 SF	1. + 6 best times	E-Cup
23.	Youth	Men	1000 m	16 St.	2 SF	1. + 6 best times	E-Cup
24.	Junior	Women	1000 m	16 St.	2 SF	1. + 6 best times	E-Cup
25.	Junior	Men	1000 m	20 St.	3 SF	1. + 5 best times	E-Cup
26.	Senior	Women	1000 m	23 St.	3 SF	1. + 5 best times	E-Cup

27.	Senior	Men	1000 m	16 St.	2 SF	1. + 6 best times	E-Cup
28.	Schüler A 12	Women	300 m + D	4 St.	Final		
29.	Schüler A 12	Men	300 m + D	4 St.	Final		
30.	Schüler A 11	Women	300 m + D	4 St.	Final		
31.	Schüler A 11	Men	300 m + D	4 St.	Final		
32.	Schüler B 10	Women	200 m + D	4 St.	Final		
33.	Schüler B 10	Men	200 m + D	4 St.	Final		
34.	Schüler B 9	Women	200 m + D	4 St.	Final		
35.	Schüler B 9	Men	200 m + D	4 St.	Final		
36.	Masters	Women/Men	3000 m	13 St.			
37.	Fitness	Women/Men	2000 m	6 St.			
38.	Schüler A	Women	12 Runden		2 VL	6 best times	Staffel
39.	Schüler B	Women	9 Runden		2 VL	6 best times	Staffel
40.	Schüler A	Men	12 Runden				Staffel
41.	Schüler B	Men	9 Runden				Staffel
42.	Schüler A	Women	12 Runden		Final		Staffel
43.	Schüler B	Women	9 Runden		Final		Staffel
17.00 Uhr	Teampräsentation						
44.	Cadet	Women	1000 m	8 St.	Final		E-Cup
45.	Cadet	Men	1000 m	8 St.	Final		E-Cup
46.	Youth	Women	1000 m	8 St.	Final		E-Cup
47.	Youth	Men	1000 m	8 St.	Final		E-Cup
48.	Junior	Women	1000 m	8 St.	Final		E-Cup
49.	Junior	Men	1000 m	8 St.	Final		E-Cup
50.	Senior	Women	1000 m	8 St.	Final		E-Cup
51.	Senior	Men	1000 m	8 St.	Final		E-Cup

Sparkassen-Sprintcup

52.		Women	200 m	6 St.	Solo-TT		
53.		Men	200 m	6 St.	Solo-TT		

Siegerehrung / Ceremony Sparkassen-Sprintcup

54.	Cadet	Women	5000 m E	32 St.	B - Final	1.+2. to A-Final	E-Cup
55.	Cadet	Men	5000 m E	20 St.	B - Final	1.+2. to A-Final	E-Cup
56.	Youth	Women	5000 m E	15 St.	B - Final	1.+2. to A-Final	E-Cup
57.	Senior	Men	5000 m E	15 St.	B - Final	1.+2. to A-Final	E-Cup
58.	Youth	Men	10000 m E	30 St.	Final		E-Cup
59.	Cadet	Women	5000 m E	28 St.	A - Final		E-Cup
60.	Cadet	Men	5000 m E	26 St.	A - Final		E-Cup
61.	Youth	Women	10000 m E	26 St.	A - Final		E-Cup
62.	Junior	Women	10000 m E	32 St.	Final		E-Cup
63.	Junior	Men	8000 m E	20 St.	Final		E-Cup
64.	Senior	Women	8000 m E	23 St.	Final		E-Cup
65.	Senior	Men	10000 m E	24 St.	A - Final		E-Cup

Sonntag 12.05.24
Beginn 09.00 Uhr

1.	Schüler B/C/D/Anf.		Parcours	105 St.			
2.	Fitness	Women/Men	1000 m	6 St.			
3.	Schüler A 12	Women	2000 m P	26 St.			
4.	Schüler A 12	Men	2000 m P	10 St.			
5.	Schüler A 11	Women	2000 m P	29 St.			
6.	Schüler A 11	Men	2000 m P	10 St.			
7.	Schüler C 8	Women	100 m + D	8 St.	2 heats	1. + 2 best times	

8.	Schüler C 8	Men	100 m + D	5 St.			
9.	Schüler C 7	Women	100 m + D	5 St.			
10.	Schüler C 7	Men	100 m + D	5 St.			
11.	Schüler D	Women	20 m	6 St.			
12.	Schüler D	Men	20 m	2 St.			
13.	Schüler C 8	Women	100 m + D	4 St.	Final		
14.	Schüler B 10	Women	1000 m	21 St.			
15.	Schüler B 10	Men	1000 m	12 St.			
16.	Schüler B 9	Women	1000 m	9 St.			
17.	Schüler B 9	Men	1000 m	6 St.			
18.	Schüler C 8	Women	300 m	8 St.			
19.	Schüler C 8	Men	300 m	5 St.			
20.	Schüler C 7	Women	300 m	5 St.			
21.	Schüler C 7	Men	300 m	5 St.			
22.	Schüler D	Women	100 m	6 St.			
23.	Schüler D	Men	100 m	2 St.			
24.	Anfänger A	m/w	400 m	2 St.			
25.	Anfänger B 10	m/w	200 m	5 St.			
26.	Anfänger B 9	m/w	200 m	5 St.			
27.	Anfänger C 8	m/w	100 m	2 St.			
28.	Anfänger C 7	m/w	100 m	6 St.			
29.	Anfänger D	m/w	20 m	6 St.			
30.	Masters	Women/Men	1000 m	13 St.			
31.	Cadet	Women	3000 m P	29 St.	B-Final	1.+2. to A - Finale	E-Cup
32.	Cadet	Men	3000 m P	18 St.	B-Final	1.+2. to A - Finale	E-Cup
33.	Youth	Women	3000 m P	11 St.	B-Final	1.+2. to A - Finale	E-Cup
34.	Senior	Men	5000 m P	13 St.	B-Final	1.+2. to A - Finale	E-Cup
35.	Schüler C/D	Women	6 Runden				Staffel
36.	Schüler C/D	Men	6 Runden				Staffel

Siegerehrung / Ceremony Schüler B/C/D, Masters, Anfänger, Fitness

37.	Cadet	Women	3000 m P	30 St.	A-Final		E-Cup
38.	Cadet	Men	3000 m P	28 St.	A-Final		E-Cup
39.	Youth	Women	5000 m P	26 St.	A-Final		E-Cup
40.	Youth	Men	5000 m P	30 St.			E-Cup
41.	Schüler A 12	Women	3000 m A	26 St.			
42.	Schüler A 12	Men	3000 m A	10 St.			
43.	Schüler A 11	Women	3000 m A	29 St.			
44.	Schüler A 11	Men	3000 m A	10 St.			
45.	Junior	Women	5000 m P	32 St.			E-Cup
46.	Junior	Men	5000 m P	20 St.			E-Cup
47.	Senior	Women	5000 m P	23 St.			E-Cup
48.	Senior	Men	5000 m P	26 St.	A-Final		E-Cup

Siegerehrung / Ceremony Senior, Junior, Youth, Cadet und Schüler A